

Stanislaus County Committed

Helping our students and communities to live a life of excellence

Waterford Committed



Waterford Committed students working with “Life of an Athlete” creator, John Underwood and presenting to the Waterford Unified School District Board....



Educating parents, students, and staff on the Waterford Committed model....



WHS students learning the value of physical training and teamwork (at 6:45am from US Navy SEALs)



Student leaders sharing the Waterford Committed message on campus and in the community....





Through education and shared experiences, the Committed model pushes students to...



Greater heights!

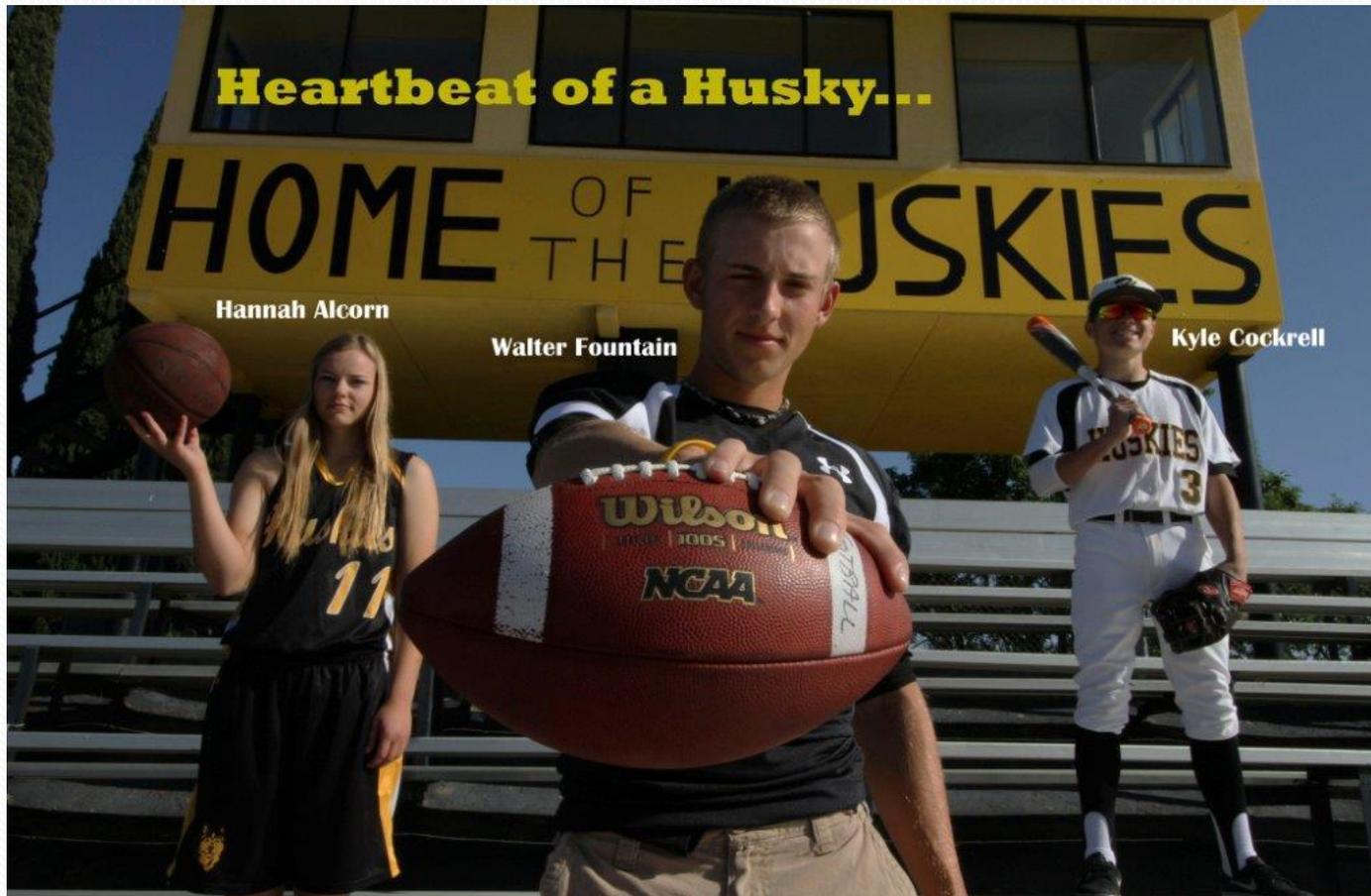




Caring and Support, Setting High but Realistic Expectations, Opportunities for Meaningful Experiences, Pro Social Bonding, Setting Clear & Consistent Boundaries, and Life Skill Development - Committed!



Hughson High School and the “Life of a Husky” program



In the beginning, Hughson High received parent/student training from John Underwood, a sport scientist and former US Olympic Coach...



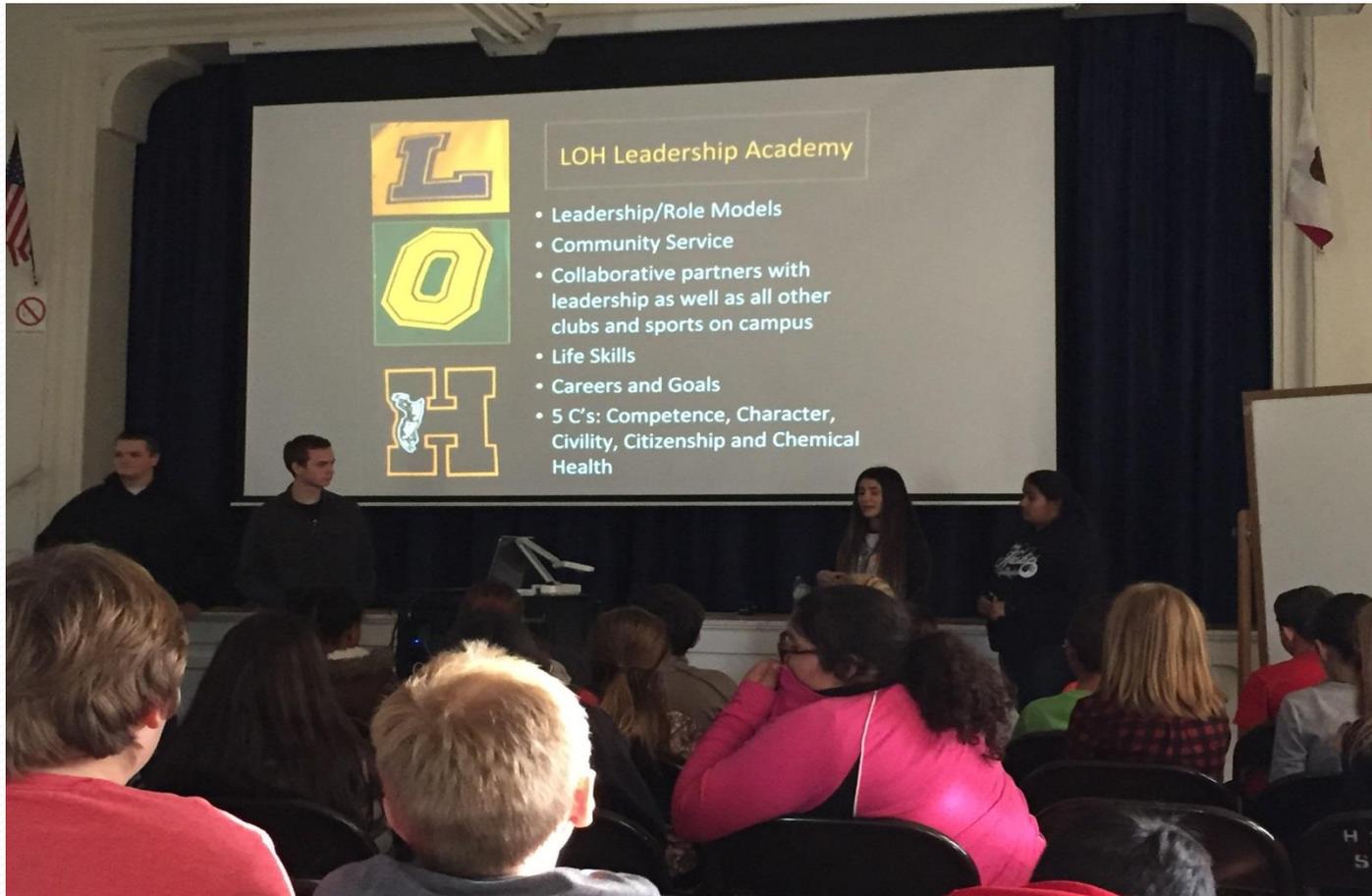
Today, the “Life of a Husky” training being provided to students and their parents is completely student led.



Former US Navy SEALs have been working with Hughson HS students to increase their capacity to lead.



Hughson High School students have been empowered through the “Life of a Husky” program to mentor younger students in the Hughson school district!



Through their Leadership class and “Life of a Husky” class, Hughson HS students are being prepared to lead by example and make their community proud!



Patterson High School's "Life of a Tiger" Program



Stanislaus County's newest Committed program, Patterson High School spent the previous school year building their capacity to implement...



Former US Navy SEALs provided training in teamwork and dedication...



...and to value hard work, leadership, and communication.



Several student-athlete leaders, chosen by their coaches, attended “Life of an Athlete” training in Butte County, CA, furthering their leadership skills.



In the Fall of 2016, hundreds of parents and their student-athletes attended Patterson High School's inaugural Code Night...and the journey began.

